

World Nunchaku Association



www.nunchaku.org

Graduation Rulebook Version 1.2

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Warning: The WNA cannot be held responsible for any misuse of the nunchaku. The WNA strongly condemns all illegal activities involving the nunchaku. When using the official WNA safety-nunchaku, please be aware of the safety instructions. Visit www.nunchaku.org for more information.

Graduation Requirements

Yellow (5th kyu)

- Grip: 40 x in 30 seconds
- Basic strikes: upward strikes 1 - 7, downward strikes 1 - 6, forward strikes 1 - 4, sideward strikes 1 - 4, variation strikes 1 - 3
- Basic combinations 1 - 2
- 1st Link kata
- Basic blocks 1 - 10

Orange (4th kyu)

Graduation requirements for yellow graduation, adjusted/complemented with:

- Grip: 50 x in 30 seconds
- Basic strikes: 8th upward strike, downward strikes 7 - 8, sideward strikes 5 - 8, variation strikes 4 - 5, extension strikes 1 - 8
- Basic combinations 3 - 5
- 2nd Link kata

Green (3rd kyu)

Graduation requirements for orange graduation, adjusted/complemented with:

- Grip: 60 x in 30 seconds
- 3rd Link kata
- Fragments: 1 - 15
- 7 percentage strikes: 35 x in 30 seconds, no standard. Techniques: 1st downward strike, 2nd downward strike, 1st upward strike, 5th upward strike, 2nd sideward strike, 4th variation strike and the 7th fragment
- Competition kata

Blue (2nd kyu)

Graduation requirements for green graduation, adjusted/complemented with:

- 4th Link kata
- Fragments: 16-25
- 7 percentage strikes: 100 x in 100 seconds, standard 90%.
- Kata Thé

Brown (1st kyu)

Graduation requirements for blue graduation, adjusted/complemented with:

- 5th Link Kata
- Kata Thé - synchronized
- 7 percentage strikes: 100 x in 100 seconds, standard 92%.
- Kata block
- 1st series Nunchaku-jitsu
- Self designed kata
- Two self designed basic combinations
- Freestyle

Black (1st Dan)

Graduation requirements for brown graduation, adjusted/complemented with:

- 7 percentage strikes: 100 x in 100 seconds, standard 95%. Techniques: 2nd downward strike, 2nd upward strike, 5th upward strike, 2nd variation strike, 4th variation strike, 5th sideward strike, and the 7th sideward strike

Black (2nd Dan)

Graduation requirements for 1st dan graduation, adjusted/complemented with:

- Kata Nidan
- Kata Nunchaku-jitsu
- 2nd series Nunchaku-jitsu

Black (3rd Dan)

Graduation requirements for 2nd dan graduation, adjusted/complemented with:

- Techniques marathon: perform all techniques in a high pace (all basic strikes x 4 and all fragments x3)
- Obligatory kata's: Competition kata, Kata Nidan, Kata Sadan, Kata Nunchaku-jitsu, Double Nunchaku Kata

Additional Information

Graduation authority

The graduation system of the WNA is open to all martial arts students. We prefer that examinations are conducted by licenced martial arts teachers from associated dojo's, but every martial arts enthusiast can obtain a graduation belt through our online shops. However, in certain countries we have started national nunchaku-do organizations (for example the SNN in the Netherlands). The exam rulebooks of these organizations overrule the WNA-rulebook in these particular countries.

Graduation Progression

No graduation can be left out; an independent exam for each graduation must be taken. A participant can not pass the orange graduation exam for example, before he or she have passed the yellow graduation exam first.

Grip

The grip (1st fragment) must be performed in the correct manner. Mistakes in handling the nunchaku are disregarded.

Basic strikes and Fragments

A participant should be able to perform each technique randomly, blindly and in movement, on cue of the evaluator. When performing a technique, the following guidelines should be considered:

- When performing a technique, the nunchaku must be held on the ends of the nunchaku, unless indicated otherwise
- Maximal range should be achieved when performing a technique. This means that the techniques should be performed with stretched arms
- The techniques should be centered. This means that they should be aimed at an (imaginary) opponent
- The participant should be in balance at all time
- The participant must have the right posture and attitude
- The nunchaku must always be under control
- The technique should be performed with confidence.
- The speed of the technique should be constant

Percentage strikes

Percentage strikes consist of performing a certain technique in a high pace within a time limit. The following rules apply:

- When it is not indicated in the graduation requirements which techniques should be performed, then it is the task of the evaluator to make a selection of 7 basic strikes
- When no standard is indicated, all 7 required techniques should be performed within the timeframe, mistakes in handling the nunchaku disregarded
- When there is a standard indicated, the participant starts with a score of 100%. With every mistake in handling the nunchaku, the score is reduced by 1%. Every time the participant drops the nunchaku, the score is reduced by 3%.
- The participant should perform the techniques in a constant pace. If an obvious increase or decrease of speed is noticed by the evaluator, the participant may be disqualified.
- When the participant does not perform the techniques correct, he or she may be disqualified.
- It is not allowed for the participant to stop performing the technique when the standard is reached. Above rules still apply, no matter if the standard is reached or not. The exercise ends when the time limit is reached.

Kata's and Freestyle

When performing or evaluating a kata or freestyle, the kata- and freestyle-rulebook of the WNA apply.

Self designed kata

The participant is free in the construction of this kata. The kata should nevertheless match the following requirements:

- The kata must have a greet- and closing-ceremony
- The kata must consist of 25 nunchaku-movements or techniques (a variation of 2 techniques is allowed)
- The performance of the techniques must be perfected
- The kata should be as creative as possible. This can be achieved by incorporating new techniques into to kata or creating new combinaties of the basic strikes and the fragments
- The kata should start and end at the same location on the competition field
- A description and map of the self designed kata should be in possession of the evaluator, before the participant can start performing.

Self designed basic combinations

A basic combination is a sequence of techniques. For the brown graduation and higher, a participant must be able to demonstrate two self designed basic combinations. The basic combination should match the following requirements:

- The basic combination must have a greet- and closing-ceremony
- The basic combinations must exist out of basic strikes and/or fragments (no new techniques)
- The combination of the techniques may not already exist.
- All techniques should be performed in the correct manner
- The basic combination should be performed in one location (no walking)
- A description of the self designed basic combination should be in possession of the evaluator, before the participant can start performing. The 2 basic combinations are identified with the letters A and B.

Evaluating the partner

When it is required that two person's perform, for example in case of the Kata Thé -synchronized or the Nunchaku-jitsu series, both persons are being evaluated. Mistakes made by the partner are therefore on the account of the participant.